



U.S. NAVAL SUPPORT ACTIVITY, NAPLES

BASEWIDE MONTHLY EVENTS & ACTIVITIES

All-In-One Place ➤ Updated Monthly

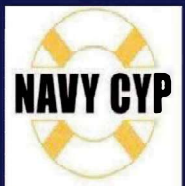
CALENDAR



VOLUNTEERS WELCOME!



What's Happening...



Liberty Activities

For E1-E6 single and unaccompanied service members

TICKETS & TRAVEL



Captain's Cup

MONTHLY EVENTS @ USO Naples

TICKETS & TRAVEL



MAY DAY TOURS

Saturday, May 2

Path of the Gods Hike

Depart Support Site 6 a.m.

Depart Capodichino 6:30 a.m.

\$78 Adults only

Sunday, May 3

Horseback Riding on Mt Vesuvius

Depart Support Site 7 a.m.

Depart Capodichino 7:30 a.m.

\$69 Adult and Child

€65 horse fee

Friday, May 8

Sunset Cruise in the Gulf of Naples

Depart Support Site 4:30 p.m.

Depart Capodichino 5 p.m.

\$199 Adult and Child

Saturday, May 9

Capri and Anacapri

Depart Support Site 6:30 a.m.

Depart Capodichino 7 a.m.

\$213 Adult, \$159 Child 2-11

Sunday, May 10

Wine Tasting in Pompeii*

Depart Support Site 10 a.m.

Depart Capodichino 10:30 a.m.

\$116 Adult, \$89 Child 3-15 • includes lunch

Saturday, May 16

Paestum and Mozzarella Factory

Depart Support Site 7 a.m.

Depart Capodichino 7:30 a.m.

\$84 Adult and Child

€35 entrance fee

Sunday, May 17

Amalfi and Positano by boat

Depart Support Site 6:30 a.m.

Depart Capodichino 7 a.m.

\$73 Adult, \$51 Child 2-11

€40 entrance fee

Friday, May 22

Wine Tasting in the Evening by Mt. Vesuvius*

Depart Support Site 4:30 p.m.

Depart Capodichino 5 p.m.

\$108 Adult, \$89 Child 2-11 • includes dinner

Saturday, May 23

Beekeeper for a Day

Depart Support Site 8:30 a.m.

Depart Capodichino 9 a.m.

\$55 Adult, \$45 Child 2-11

€20 entrance fee

Sunday, May 24

Horseback Riding on Mt Vesuvius

Depart Support Site 7 a.m.

Depart Capodichino 7:30 a.m.

\$69 Adult and Child

€65 horse fee

Monday, May 25

Memorial Day



Amalfi Coast by bus

Depart Support Site 8 a.m.

Depart Capodichino 8:30 a.m.

\$139 Adult, \$99 Child 2-11 • includes lunch

Saturday, May 30

Wine Tasting in Avellino*

Depart Capodichino 9:30 a.m.

Depart Support Site 10 a.m.

\$112 Adult, \$89 Child • includes lunch

Sunday, May 31

Herculaneum and Cameo Factory

Depart Support Site 8 a.m.

Depart Capodichino 8:30 a.m.

\$25 Adult and Child

€20 entrance fee

- All tours are subject to cancellation if minimum reservations are not met.
- If tour is canceled, all paid customers will receive a phone call and/or an email notification and a refund.
- Prices are in U.S. dollars, unless otherwise stated.
- Entry fees are not always included.
- Please bring euro cash to pay for your entry fee.
- Tips and gratuities are optional and not included in the price.
- Entry fees may change without notice.

*Must be at least 18 years old to purchase or consume alcohol.
Please drink responsibly.

To reserve a tour or for more information:
• Go to myffr.navyaims.com.
• Visit Capodichino or Support Site Tickets & Travel office.
• Call 081-811-7907 / DSN 629-7907 or 081-568-4330 / DSN 626-4330.



MAY

activities

Events are held at the Fleet Recreation Center unless specified.

MAY IS...

NATIONAL PHYSICAL FITNESS AND SPORTS MONTH

Spring into fitness and join the MWR staff at the Fleet Landing Outdoor Sports Court each Thursday for a new sport or program:

May 7 • 3:30 p.m. • Dodgeball Challenge

May 14 • 3:30 p.m. • Badminton and Frisbee

May 21 • 9 a.m. • Power Walk: Register at the MWR Customer Service Desk by May 19. Minimum four people required.

May 28 • 3:30 p.m. • Basketball

Functional Exercise and Beyond

Thursday, May 7, 14 and 28

9 a.m., Fitness Center

Gather your friends for this free group exercise.

Off-Base Group Exercise classes

Hotel Serapo

A variety of classes including Zumba®, pilates, aerobics, step and tone, Life Pump® and yoga are offered. Register and make payments for classes with a reduced fee at the MWR Customer Service Desk.

Lap Swim

Hotel Serapo pool

MWR offers reduced swim tickets for the indoor pool at the nearby hotel. Purchase your tickets at the MWR Customer Service Desk. Tickets are non-refundable and must be used by May 30.

National Photography Month

May 1-30

You don't have to wait for a vacation or special event to take your photo! Enter one of your favorite photos in the MWR Photo Contest. Email your photo to: NaplesMWR_Gaeta@us.navy.mil by noon, May 30. Include the photographer's name, age and command. **The most original photos submitted by an adult and child photographer will receive prizes!**

May the Fourth be with You

Monday, May 4

Watch a Star Wars movie on the large screen in the center. Movies provided by Navy Motion Picture Service.

Italian Made Easy

Monday, May 4, 11 and 18

10 a.m.

€15

Join the adult group to learn the language of our host country. Register by noon, April 30. Minimum three people for lesson to proceed. For more information and to register, contact the MWR Customer Service Desk. Private adult and children lessons are available on request.

Children's Book Week

May 4-9

Check out the selection of children's books at the center. This year's theme is "Books: Get Curious." The program is in conjunction with Naples MWR Libraries.



Come and Play

Wednesday, May 6, 13, 20 and 27

10 a.m.-Noon

Olde Mill Inn

This is a parent-driven program where your child, infant, toddler and school age child can play, learn and grow with their peers.

COME
AND
PLAY

Crafts and Tea

Thursday, May 7

Begins at 10:30 a.m.

\$2 for craft

Come by for tea and make a lovely craft!

Reserve a ceramic craft, which is available while supplies last.

Food and Wine Tasting*

Thursday, May 14

11 a.m. (Meet at Fleet Recreation Center)

Don't miss this special food and wine tasting experience at Casa Giò. Experience the chef's innovative refined Italian cuisine, which is perfectly paired with a curated selection of fine wines. Register by May 12 at the MWR Customer Service Desk. Minimum eight people required. Also, MWR can coordinate other dates. Must reserve three business days in advance.

*Must be at least 18 years old to consume alcohol. Please drink responsibly.

MEMORIAL DAY WEEKEND ACTIVITIES

Make Your Own Pizza or Grill Your Own Meat

Thursday, May 21

Fleet Recreation Patio

Begins at 11 a.m.

Start the holiday early.

Wellness Spa

Friday, May 22

Here's a special gift for mothers! Gaeta MWR offers reduced rates at a local wellness spa on Serapo Beach. Services include sauna, Jacuzzi and massages. Make reservations at the MWR Customer Service Desk.

Gaeta Boat Ride

Monday, May 25

See Gaeta and the coastline from the sea on a one-hour boat ride. Register at the MWR Customer Service Desk by noon May 22. Eight people required.

Fishing Excursion

Learn the tricks of getting a great catch with a skipper/fishing instructor in the Gulf of Gaeta. Call to register in advance at the MWR Customer Service Desk.

Create a trip, reserve a picnic pavilion and get program updates at the MWR Customer Service Desk.

Call 081-568-8357 / DSN 626-8357 or email NaplesMWR_Gaeta@us.navy.mil.

Connect with MWR 24/7 at www.navy.mwrnaples.com  www.facebook.com/mwrgaeta



Shopping Shuttle

Tuesdays*
5:30-8 p.m.



Attention E1-E6 Single active-duty military!

Need to go off base for weekly food/home goods shopping? Liberty has a great opportunity for those without a car. Join Liberty each week as they shuttle to various nearby shopping areas. Register/pay by 5 p.m. on Tuesday of the trip.

Van departs

BEQ parking lot:
5:30 p.m.

Triangle UH Office

parking lot:
5:40 p.m.



#MeetMeAtLiberty

*Check monthly Liberty activities calendar for black-out dates.

For more information, call 081-811-4705 | DSN 629-4705.



No Navy endorsement implied.

USO YOUTH PROGRAMS

TODDLER TIME



Toddler Time with USO & EDIS!

Join us every Monday in from 10-11 AM at the Community Center for a fun-filled morning of storytime, play, and activities designed for little ones! No registration needed—just drop in and enjoy!



[USO.org/YouthPrograms](https://www.uso.org/YouthPrograms)



USO NAPLES

USO TROOP TIME: GOOD FOOD, GREAT COMPANY!



Take a break and refuel at **USO Troop Time** every **Tuesday and Thursday** from **11:00-12:00** at the **USO Capo Lounge**.

Enjoy a meal, connect with local base organizations, learn about local resources and join in on minute to win it games to win great prizes!



[USO.org/CENTERS](https://www.uso.org/CENTERS)

USO YOUTH PROGRAMS

AFTER SCHOOL CRAFT ATTACK

EVERY WEDNESDAY FROM 1345 TO 1445 AT THE USO SUPPORT SITE VILLAGE FORUM.



Stop by the USO after school for a snack and craft! No need to stay and craft — just dash in and grab your weekly take-home kit with a fun snack included!

Each week brings a new themed project — from seasonal decorations to friendship bracelets — designed for families to enjoy together at home and strengthen bonds through creativity.

Important to Know:

- While supplies last.
- Children must be accompanied by a parent, adult, or legal guardian to receive a kit and snack.
- For safety reasons (choking hazards, allergies, and parental choice), we cannot provide kits or snacks to unaccompanied children.



[USO.org/YouthPrograms](https://www.uso.org/YouthPrograms)



MISSION NUTRITION

SHORT COURSE

**Second Thursday of each month
10 a.m.-2 p.m. ■ Support Site Fitness Center**

Mission Nutrition is a science-based course designed to maximize Warfighter nutrition. Learn to optimize your health, performance and combat readiness through improved general eating habits.

Learn how everyday dietary choices will sustain energy, prevent fatigue and manage your health effectively.



Register by Monday before the course begins.

To register or for more information, call 081-568-4265 | DSN 626-4265
or email NaplesMWR_Fitness@us.navy.mil.

USO NAPLES

MOMMY & ME BAKING



Join us at the Support Site community center for a special Mommy & Me Baking event where moms and kids (ages 4+) will create a delicious no-bake dessert to take home.

Each participant will also receive a certificate of completion—because every little chef deserves recognition!

TO PARTICIPATE PLEASE REGISTER

[HTTPS://BIT.LY/MOMMYANDMECOOKIES](https://bit.ly/mommyandmecookies)



USO.org/CENTERS



Monday, May 4
A 4k to celebrate Star Wars Day!



Come in your favorite Star Wars costume!
4:15 p.m. | Central Park, Support Site

MAY THE FOURTH BE WITH YOU 4K

The run is free, but registration is required.
Scan the QR code to register.



For more information, call 081-811-6721 | DSN 629-6721.



SAPR



INITIAL VICTIM ADVOCATE TRAINING (IVAT)

Event Date: May 4-8,

Location: Bella Napoli Conference Room

STEPS TO BECOMING A SAPR VA:

- Contact your command Admin Unit Victim Advocate or the SAPR office
- Complete your registration paperwork
- Schedule and complete interview with Installation SARC
- Attend the 40 hour course May 4 – 8
- Submit certification package to get certified as a SAPR VA
- All Set! You are on your way to making a difference!

STEP FORWARD AND BECOME A SAPR VICTIM ADVOCATE (VA) TO SUPPORT ADULT SEXUAL ASSAULT VICTIMS IN MAKING REPORTS AND CONNECT THEM WITH RESOURCES.

REGISTER NOW! CONTACT FFSC SAPR OFFICE

DSN: 629-6372 | COMM: +39 081-811-6372

NSANaplesFFSCSAPR@us.navy.mil

*****PLEASE NOTE this class is the LAST opportunity for E5 and below to receive the training to become a SAPR VA. Future classes will only accept E6 and above in accordance with latest policy*****

Registration is open to Active Duty personnel who have been designated by their Command as a SAPR UVA. Class will be canceled if fewer than 10 participants register.





Mother's Day Vinyasa



Tuesday, May 5 • Noon-2 p.m • Fitness Center Support Site

Celebrate all mothers and mother figures with an afternoon that begins with guided Vinyasa yoga and segues into a social gathering.



The meditation and yoga class centers around growth, blooming and celebration of those important to us.

After the class, you may write a card to your Mother or another special person in your life and socialize. Beverages (“Mom-mosas”) will be available for \$4 a glass.*

*Must be at least of 18 years old to purchase or consume alcohol. Please drink responsibly.

No registration required.
For more information, call 081-811-6604 | DSN 629-6604.





FULL STEAM AHEAD!

SCIENCE - TECHNOLOGY - ENGINEERING - ART - MATH

Join us to jump-start early literacy skills for toddlers and preschoolers!

Parents and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their parents.

Thursday, May 7, 14, 21 and 28
10:30 a.m.

Support Site Library

May 7: Children's Book Week

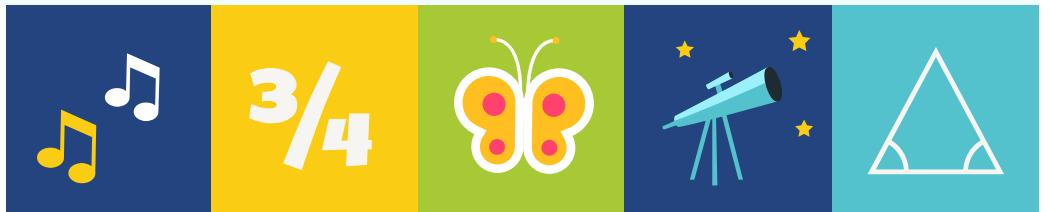
May 14: Get Curious

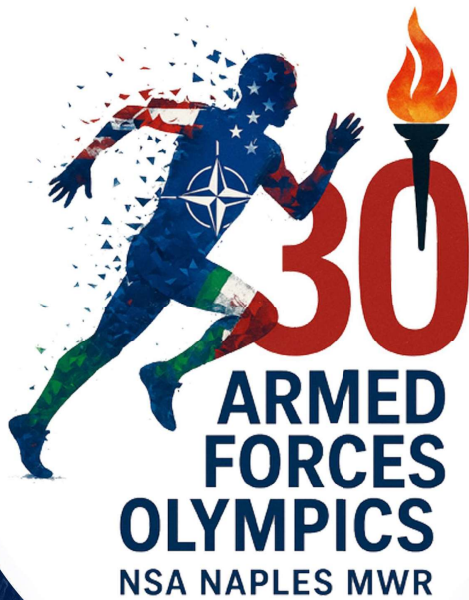
May 21: Physical Fitness

May 28: Arts & Crafts Day

For more information, call

081-811-4361 | DSN 629-4361.





A day of
competition and camaraderie

30th Annual ARMED FORCES OLYMPICS

Friday, May 8
9:30 a.m.
Carney Park



Team Coaches meetings*

Support Site Fitness Center, second floor.

March 12 3 p.m.

April 9 3 p.m.

May 4 3 p.m.

Register your team now-April 30.

All teams may register by emailing

NaplesMWR_IntramuralSports@us.navy.mil

*Attend each meeting to earn points for the Spirit/Sportsmanship Award.

Prizes for the top three teams and a Spirit Award!

Stay in Carney Park! Receive a 25 percent discount on campsite and cabin rentals for May 7 and 8. Receive a 25 percent discount on pavilions and picnic area rentals on May 8, too!

Join us at the
**Armed Forces
Olympics
After-Party**
at the
Carney Park
Restaurant!

To register your team or for more information, call 081-811-6528 | DSN 629-6528.

Connect with MWR 24/7 at www.navymwrnaples.com

 facebook.com/mwrnaples  [instagram: nsanaplesmwr](https://instagram.com/nsanaplesmwr)



Date

**Friday,
May 8**

Time

2-4 p.m.

HOME SCHOOL HAPPENING

LOCATION

**Strikers
Entertainment Center
Support Site**

ACTIVITY

Meet new friends and catch up with the latest homeschool news! Refreshments, bowling and shoes provided. Please bring socks.

Kids ages 12 and younger must be accompanied by an adult.
Registration not required.

For more information, contact the School Liaison at
081-811-6549 | DSN 629-6549 or email NaplesSLP@us.navy.mil.



CELEBRATING MILITARY SPOUSES THIS DAY IS FOR YOU!

SIP, SAVOR & CREATE: A MILSPOUSE APPRECIATION TEA - 08 MAY, S. SITE



Join us for a delightful morning of tea, painting, and connection as we honor our amazing MilSpouses.

This event, held at the Support Site (Fellowship hall Veranda) is all about creating a space to relax, have fun, and enjoy time together. Sip on tea, enjoy sweet treats, express your creativity through painting, and take part in exciting giveaways during the event.

Wear your favorite spring outfit and get ready for a morning full of laughter, creativity, and appreciation.

REGISTER HERE

<https://forms.gle/2e3ogHDVct6D6KXU6>

SCAN ME!



**MILITARY APPRECIATION
MONTH**

ABSOLUTELY MUFFIN COMPARES TO YOU!



Muffins for Mom

NEX Naples

Saturday, May 9 | 11AM-1PM

Celebrate Mother's Day weekend at your NEX! Kids can bring Mom, Grandma, Aunt, or any other special person to enjoy a sweet treat on Saturday, May 9. Check with your local NEX for details.



For authorized patrons only. While supplies last.

MUFFINS with Mom

Celebrate the special women
in your life with muffins,
memories, and time together.



**SUNDAY
MAY 10**



10:00 AM - 12:00 PM



**SUPPORT SITE
VILLAGE FORUM**



USO YOUTH PROGRAMS

TEDDY BEAR CLUB PICNIC IN THE PARK



Grab your little ones and join us for Teddy Bear Club: Picnic in the Park! 🧸

Come out on Tuesday, May 13th from 10:00-11:00 at Central Park for a fun-filled morning of picnic-themed activities perfect for your little ones!

TO PARTICIPATE PLEASE REGISTER



ARE YOU GRADUATING?

UNIVERSITY OF MARYLAND GLOBAL CAMPUS
INVITES YOU TO JOIN US



GRADUATION RECOGNITION
CEREMONY!

2025-2026

WHERE: COMMAND CONFERENCE CENTER
DATE: FRIDAY MAY 15, 2026 AT 1100
REHEARSAL: THURSDAY MAY 14, 2026 AT 1500

*REHEARSAL ATTENDANCE IS MANDATORY

Join us in honoring your
hard work and dedication.
This memorable event will
recognize the
accomplishments of all
graduates. Let's come
together to celebrate this
important milestone!



If you would like to participate,
please fill out the form by
scanning the QR code

USO NAPLES

FAMILY GAME NIGHT @ EAT TF



Join us for USO Trivia Night on Thursday, May 15th from 1730-1900 at Eat TF Restaurant!

Bring the whole crew and test your knowledge across 3 exciting rounds of trivia! It's a great night out for the entire family — connect with your community, show off what you know, and take home some amazing prizes! Food and drinks are available for purchase. We can't wait to see you there!



[USO.org/CENTERS](https://www.uso.org/CENTERS)

Capodichino Pool

Hours of Operation

May 18-Date to be determined
Closed for renovations

Upon Reopening:
Monday-Friday
6 a.m.-2 p.m.

Closed on U.S. holidays.

Scan here for all pool summer hours >>



SUMMER SAFETY STAND DOWN PRESENTATION

101 CRITICAL DAYS OF SUMMER

**Support
Site**

19 MAY

1030-1130

1300-1400

**Victory
Theater**



Capodichino

21 MAY

1030-1130

1300-1400

**Command
Conference Center**





**Join Liberty for
a night of fun!**

KICK OFF SUMMER POOL PARTY

**Thursday, May 21 • 5-8 p.m.
Support Site Pool**



Food, beverages, games
and prizes!



Open to all Liberty-eligible
members (E1-E6) and one guest.



No registration required!



#MeetMeAtLiberty

www.navymwrnaples.com

[facebook.com/libertynaples](https://www.facebook.com/libertynaples)

[instagram.com/nsanaplesliberty](https://www.instagram.com/nsanaplesliberty)

In partnership with



For more information, call 081-811-4705 | DSN 629-4705.



Carney Park Pool

Hours of Operation

May 22-June 7

Friday-Sunday

10 a.m.-6 p.m.

June 11-Aug. 16

Thursday-Sunday

10 a.m.-6 p.m.

Aug. 21-Sept. 6

Friday-Sunday

10 a.m.-6 p.m.

May 25 (Memorial Day)

Sept. 7 (Labor Day)

10 a.m.-6 p.m.

Scan here for all pool summer hours >>





AUTO SKILLS WORKSHOP

AUTO SKILLS CENTER, SUPPORT SITE



Wednesday
May 27 and June 24
3-4 p.m.

Work on your vehicle in lift bays. Help ensure your summer car trips are safe by preparing your vehicle today. Spaces are limited, so reservations are recommended.

Oil changes • Fluid checks • Wiper replacement
Battery charging • Rotors turned • Tire mounting and balancing

Auto Skills Center
Hours of Operation

Tuesday-Saturday, 9 a.m.-5 p.m.
Sunday and Monday, closed



For more information or to reserve a bay, call 081-811-4971 / DSN 629-4971.
Connect with MWR 27/7 at navymwrnaples.com.





PIZZA

WITH THE

CMC

Attention active-duty E1-E6 single service members:

Wednesday, June 3

5:30-6:30 p.m.

**Liberty Center
Support Site**

**Your voice, our priority.
Let us know what you want!**

Join us for a fantastic opportunity to share your thoughts and ideas while enjoying free pizza with the Command Master Chief. Your participation is valuable as we work together to improve the Liberty program.



For more information, call 081-811-4051 | DSN 629-4051.





**AMERICAN SOCCER CLUB OF
NAPOLI & USYS-EUROPE
PRESENT**



SUMMER SOCCER CLINIC



**A CLINIC DESIGNED TO GIVE PLAYERS AN
OPPORTUNITY TO BUILD SKILLS AND GAME PLAY
WITH THE SUPPORT OF USYS-E COACHES**

June 16-18

9am-1:30pm

Support Site Turf Field

Open to players born 2018-2012

€185 per player

***to include camp tshirt!**



**REGISTER
TODAY!**



tinyurl.com/June2026SummerClinic

Visit tinyurl.com/ascnaples for more information!

Swim

LESSONS

at the Support Site Pool

Ages 4-15 years

\$60

Includes eight
30-minute
sessions

**Lesson session and
registration dates**

Session 1: June 16-26

Register Monday, June 1-Saturday, June 13

Session 2: June 30-July 10

Register Monday, June 15-Saturday, June 27

Session 3: July 14-24

Register Monday, June 29-Saturday, July 11

Session 4: July 28-Aug. 7

Register Monday, July 13-Saturday, July 25

Session 5: Aug. 11-21

Register Monday, July 27-Saturday, Aug. 8

Lesson times

8:10-8:45 a.m.

8:50-9:20 a.m.

9:30-10 a.m.

10:10-10:40 a.m.

10:50-11:20 a.m.

**SCAN QR CODE
TO REGISTER**



For more detailed information on levels, email
NaplesMWR_Aquatics@us.navy.mil.

For more information, call 081-811-6513 / DSN 629-6513

Connect with MWR 24/7, www.navymwrnaples.com.  facebook.com/mwrnaples



Parent and Me Swim Classes



June 16-Aug. 21

Support Site Pool • \$40 for eight 30-minute classes

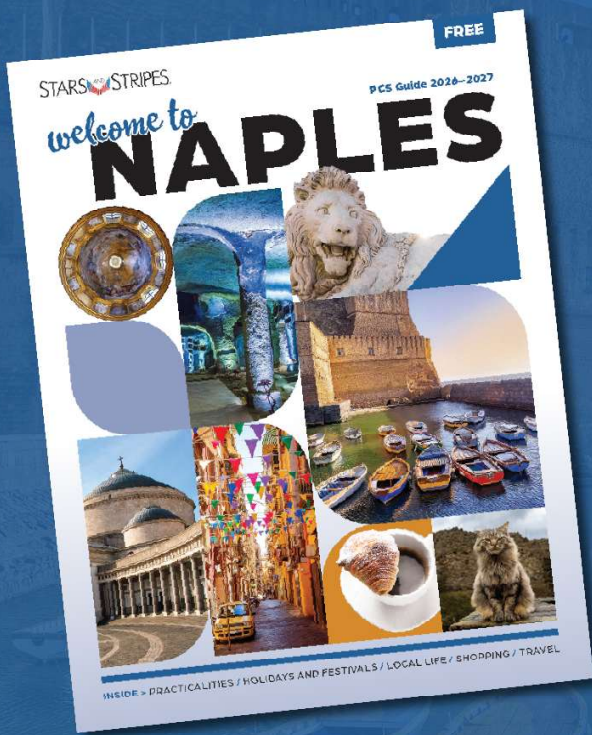
Teach your baby or toddler water skills to help them know how to react in water. Our instructors create a comfortable, interactive and engaging learning environment by using songs and other fun activities. Instructors will explain skills and routines as well as assist parents with submersions, back floating and movement in the water.

For class dates/times and to register/pay, please scan here:



For more information, call 081-811-6513 or email
NaplesMWR_Aquatics@us.navy.mil.





STARS AND STRIPES

Do you need help

GETTING SETTLED?

Get your **FREE** copy at your installation's
A&FRC, ACS and FFSC!

Wellness Spa

MWR offers discounted services to the following spa:

Hotel Mirasole International Spa
via Firenze 5, Gaeta
(five-minute walk from Fleet Landing)



Relax in the sauna or Jacuzzi!



**Get pampered with a
massage, facial or mani/pedi!**



**Treat yourself or purchase
services for that special someone.**



For more information and to make an appointment,
contact the MWR Customer Service Desk or call 081-568-8357 | DSN 626-8357.



Are you up for a challenge?

MONTHLY FITNESS CHALLENGES



A functional fitness-based challenge is available each month.

Details are posted at Capodichino and Support Site Fitness Centers
and on the MWR Facebook page.
Complete the challenge any time during the month.

Log your performance and earn a place on the leaderboard! Challenges can be entered as either “RX(Prescribed)” or “Scaled” and scored by time, repetitions or load. Show verifiable proof with your timer, smartwatch or fitness app plus a selfie or video to a fitness specialist. **Each month’s winner receives a prize!** Military members will earn Captain’s Cup points for their team, too.

Want to level up?

Have your unit enter the monthly challenge for Command PT hosted by our MWR Fitness team. Please contact the Fitness Coordinator for details.

For more information, call 081-811-6604 | DSN 629-6604.





CHAPEL



NSA NAPLES SUPPORT SITE & CAPODICHINO

† PROTESTANT SERVICES

SATURDAY

Sabbath Worship Service |
Every 3rd Saturday | 11:00

SUNDAY

Worship | 09:30

Please contact the Chapel office for any other faith support.

RELIGIOUS EDUCATION

Catholic CCD

Sundays | 10:00-11:00

Catholic OCIA

Tuesdays | 18:00

Knights of Columbus

2nd Wednesday | 18:00 |

Facebook: Knights of Columbus,

San Gennaro Council 14853

Catholic Youth Group

Sundays | 13:00

Wednesday | 15:00

Catholic Women of the Chapel

Tuesdays | 18:30

Wednesdays | 09:30

Facebook: CWOC - Naples, Italy

Catholic Men's Bible Study

Saturdays | 08:00

Unless otherwise stated, all Services and Religious Education are located on Support Site.

† CATHOLIC SERVICES

SATURDAY

16:00 | Confession & Adoration

17:00 | Mass

SUNDAY

11:00 | Confessions

11:30 | Mass

DAILY MASS

Tuesdays & Thursdays | 12:00 | Capo

Wednesdays and Fridays | 08:30

Confessions & Adoration 30 mins prior to Mass

(No Mass on Federal Holidays)

Please contact the Chapel office for any other faith support.

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Catholic CCD

Sundays | 10:00-11:00

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Tuesdays | 18:00

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Catholic Youth Group

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Catholic Men's Bible Study

Saturdays | 08:00

Unless otherwise stated, all Services and Religious Education are located on Support Site.

CONTACT INFO

Facebook @NSA Naples Chapel
Duty Chaplain | +39 366-680-5972

Chaplain's Office Support Site
DSN: 629-4608 | Com: 081-811-4608

Chaplain's Office Capo
DSN: 626-6817 | Com: 081-568-6817



Childcare for Area Orientation

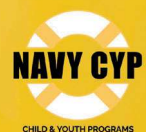
CYP offers childcare at **no cost** for newcomers attending NSA Naples Area Orientation.

Follow these steps to register your child(ren) for care on Area Orientation days from 7 a.m.-3:30 p.m.

1. Log on to **militarychildcare.com**.
2. Go to Area Orientation Childcare
 - For **children Kindergarten-grade six**, select “School Year Care-Area Orientation Childcare.”
 - For **children six weeks-five years old**, select “Part day care for Area Orientation Childcare at SS CDC.”
 - In the **date care needed** space, please include the dates of the Area Orientation session you will attend.
3. Confirm your registration. You may email **NaplesCYP1@us.navy.mil** or call the Support Site Child Development Center at +39 081-629-4989 or School Age Care at +39 081-629-4722.

You may register your child(ren) as early as you know the dates of your Area Orientation, but no later than three business days before your Area Orientation begins.

For questions, please email **NaplesCYP1@us.navy.mil** or call the Support Site Child Development Center at +39 081-629-4989 or School Age Care at +39 081-629-4722.



NSA Naples Command Prevention Training

Let us bring the training to you!

Installation departments and agencies offer training on a variety of topics including leadership, stress management and resiliency, life skills and readiness directly in your workspace.

- Satisfy mandatory training requirements
- Develop readiness skills
- Support personal development

Scan here to see available trainings and details on how to schedule trainings >>



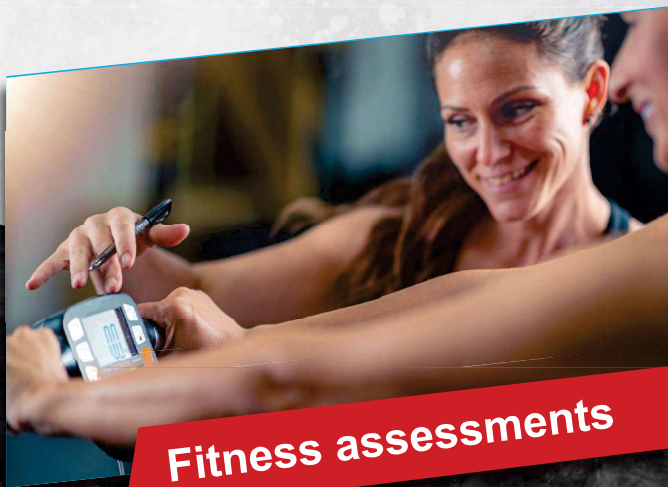
For more information:

Call 081-811-6372 | DSN 629-6372 or email NSANaplesFFSC@us.navy.mil.



ATTENTION ACTIVE-DUTY MILITARY

Ask your MWR Fitness staff about these **free services** available to you:



Fitness assessments



Nutrition courses



Personal training



Swim lessons

We are here to help you reach your physical fitness goals!

For more information, call 081-811-6604 | DSN 629-6604.





BUDGET FOR BABY[®] WORKSHOPS

Naples NMCRS Budget for Baby Workshop Registration

Workshop held every 3rd Tuesday of the Month
10am-1pm @ S. Site Library Upstairs Conf. Room
Includes \$50 Gift Card and Handmade Blanket



ARE YOU GRADUATING?

UNIVERSITY OF MARYLAND GLOBAL CAMPUS
INVITES YOU TO JOIN US



GRADUATION RECOGNITION
CEREMONY!

2025-2026

WHERE: COMMAND CONFERENCE CENTER
DATE: FRIDAY MAY 15, 2026 AT 1100
REHEARSAL: THURSDAY MAY 14, 2026 AT 1500

*REHEARSAL ATTENDANCE IS MANDATORY

Join us in honoring your
hard work and dedication.
This memorable event will
recognize the
accomplishments of all
graduates. Let's come
together to celebrate this
important milestone!



If you would like to participate,
please fill out the form by
scanning the QR code

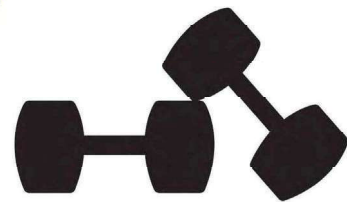


Attention Parents!

A new Family Fitness Room is available for you to work out.

Family

FITNESS ROOM



Monday-Friday, excluding U.S. holidays
Child Development Center, Support Site

6 a.m.-5:30 p.m.

A small playpen area provides a safe area for your kids to play while you work out.

Workout equipment includes:

Arc Trainer™
Stationary bike
Rowing machine
Free weights
Yoga mats



The room is available only for parents who do not have childcare on a first-come, first-served basis.
Your child(ren) must be with you while you use the room.
The adjacent exterior playground is off limits because it is unsupervised.

For more information, call 081-811-6721/DSN 629-6721.



Dance Classes

Spring Sessions

Ballet

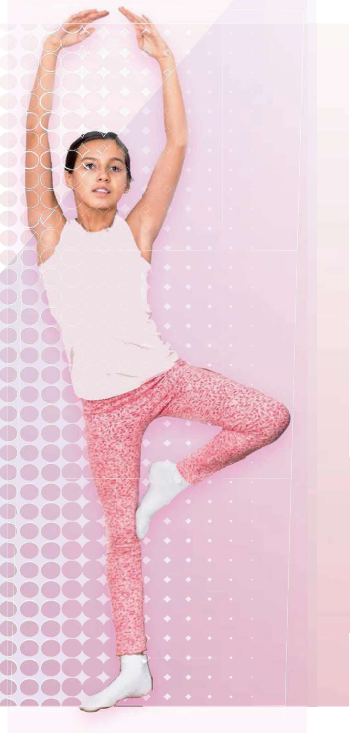
Ballet allows your child to build motor skills, grace and confidence. Children learn basic ballet movements and terminology through ever-changing and interactive class sessions.

Tuesday

3:20-4 p.m. • 3-6 years old

4-5 p.m. • 7-9 years old

5-6 p.m. • 10-17 years old



Modern Dance

Modern Dance is a fun and energetic way to improve physical fitness, posture, balance and coordination. Classes encourage kids to learn proper dance technique and develop rhythm and movement.

Thursday

3:20-4 p.m. • 3-6 years old

4-5 p.m. • 7-9 years old

5-6 p.m. • 10-17 years old

Classes are one-month sessions. (No class on U.S. holidays.)

Classes held at Support Site Fitness Center.

Ages 3-6: \$50 for one class per week, \$85 for two classes per week.

Ages 7-9 and 10-17: \$60 for one class per week, \$100 for two classes per week.

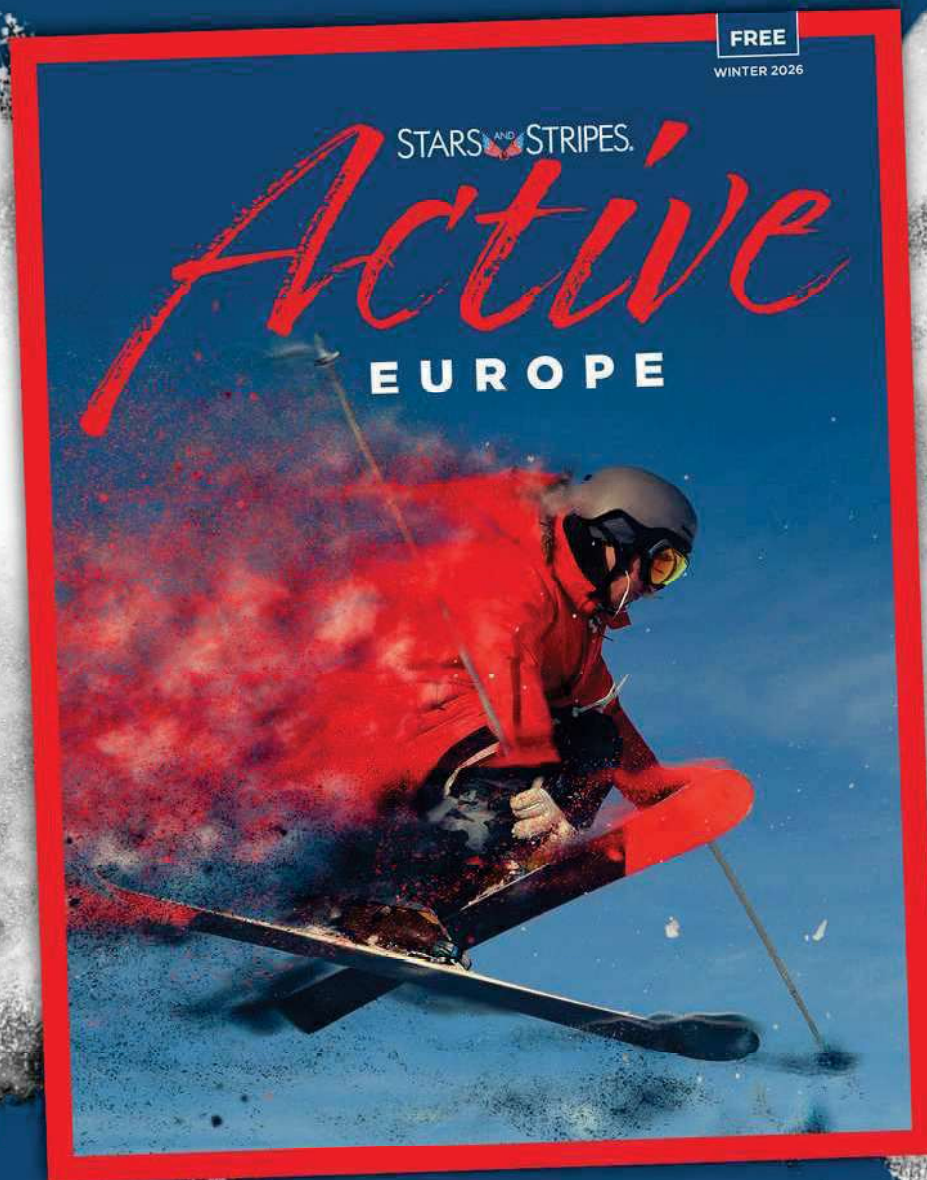
Registration opens the 15th of each month for the next session.

Register at <https://myffr.navyaims.com> >>



STARS AND STRIPES®

AVAILABLE NOW



Ready to take your adventure up a notch? Check out the first edition of Stars and Stripes' "Active Europe" magazine, designed especially for those who want to get outside and have an active adventure while stationed in Europe.

Get your **free copy** at your installation's Commissary, Exchange and Express.



VISITING NURSE CLASSES

Virtual Classes to Support Military Families

These classes offer a welcoming space for military parents to feel supported, informed, and confident as they prepare for parenthood.

BREASTFEEDING BASICS CLASSES



Molly Curtis
BSN | RN | IBCLC



NEWBORN CARE CLASSES



Abby Porter
MSN | RN | PMH-C



PUMPING 101 CLASSES



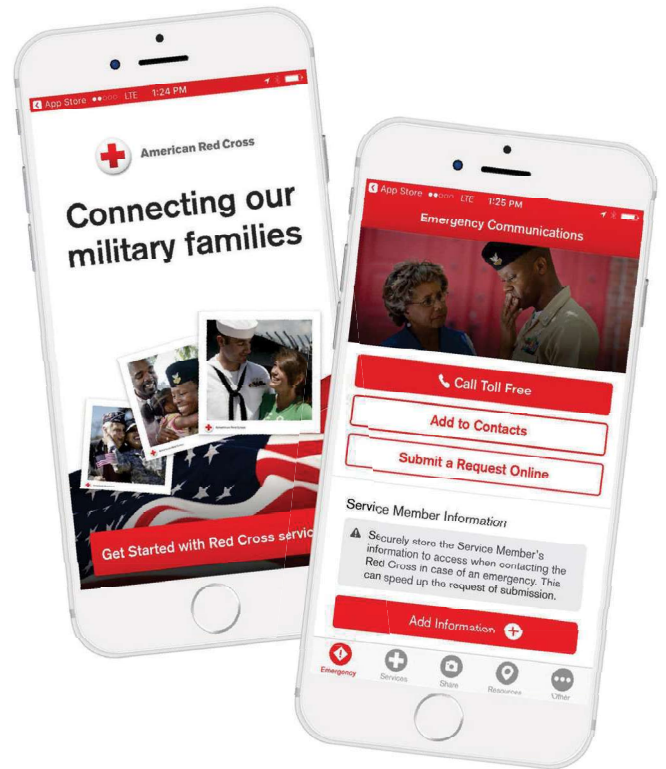
Lindsey Potts-Szoke
MSN | RN | IBCLC



For Sailors, Marines, and their eligible family members.
Learn more: www.nmcrs.org/our-services/visiting-nurses

FREE Hero Care mobile app

With the Hero Care mobile app, we are making it easy for service members, veterans and their families to connect with the American Red Cross from anywhere around the world, exactly when they need us most.



Our new Hero Care mobile app enables users to:

- Request critical Red Cross services, including requests for emergency travel and financial assistance, along with emergency messages to loved ones.
- Access non-emergency services, such as mental health support for military spouses and children.
- Access resources and information provided by trusted community partners and government agencies.
- Use the app in English or Spanish and contact our call center, which has multi-lingual staff 24/7.
- Store and access service member's information in case of an emergency.



Text **GETHEROCARE to 90999** to receive a link to download the app. Scan the QR Code to the right, or visit [redcross.org/mobileapps](https://www.redcross.org/mobileapps) to download the app through the Apple App Store or Google Play Store.



For other Red Cross tools and preparedness information, visit [redcross.org/mobileapps](https://www.redcross.org/mobileapps) to download additional FREE mobile apps today.





WE ARE HIRING!



Join our valued team at Fleet and Family Readiness!

Our group includes individuals entry level to senior management who provide quality-of-life services to military, DoD civilians and their families at NSA Naples.

Scan here for current NAF
and GS job openings!





**American
Red Cross**

**Adult & Pediatric
First Aid/AED +**

CPR Training




**Blended learning format:
Online & In-person**

We also offer:

**Babysitter certification
with CPR/AED/First Aid**

 081-568-4788

 naples@redcross.org

**Upcoming classes
and registration**





American
Red Cross

Service to the Armed Forces

VOLUNTEERS WELCOME!



**Interested in
joining us?**



Call us at 081-568-4788 or send us
an email at naples@redcross.org
for questions. We are looking
forward to hear from you!



Teens & Youth

Is Life Feeling Heavy?

It doesn't have to.

moving again... :|

Uuugh! overwhelmed!

EMERGENCY CRISIS
DSN: 911
COMMERCIAL:
081-568-4911

Fleet and Family Support Center

Services are available to U.S. military, civilian and contractor family members. Counseling for individuals (children and adolescents) and their families.

- Office: 081-811-6372 / DSN 314-629-6372
- After hours: 331-691-8268
- Virtual Clinical Counseling (via TEAMS) +1 855-205-6749

Military OneSource

Counseling services are available to U.S. military family members 13 years and older.

- Worldwide toll-free: 00-800-342-9647
- Worldwide collect: 001-703-253-7599
- Telecom Italia: 800-172-405
- <https://livechat.militaryonesourceconnect.org/chat>

Military Family Life Counselors

Military Family Life Counselors provide confidential non-medical counseling, consultation and outreach services to eligible children, youth, parents, faculty and staff both on and off military installations.

Scan for phone numbers



Employee Assistance Program

Links employees' family members to qualified local services and provides licensed confidential support to help with difficult issues.

- DONCEAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034
- <https://magellanhealth.com/global>



Chaplain

Offers 100 percent confidential counseling with no reporting requirements for a wide variety of religious and non-religious issues. Chaplain services are available to military, civilian and contractor family members.

Capodichino 081-568-3535 / DSN 314-626-3539
Support Site 081-811-4600 / DSN 314-629-4600
After hours: 366-680-5972

U.S. Naval Hospital

Pediatrics and Family Medicine

To schedule an appointment with your primary care provider, call 081-811-6000 / DSN 314-629-6000 or visit www.TRICAREonline.com.

Local Resources

Reach Out: Provides clinical individual and family support to any age group from childhood through adulthood. 342-800-6115 or www.carelikehome.org.



Scan for Mental Health Resources.





Stay Informed at NSA Naples!



FACEBOOK



INSTAGRAM

ATHOC

The ATHOC system is used for emergency notifications i.e. gate closures, disasters, causes for caution, etc. Anyone in the Naples area (sponsors & dependents) can register for ATHOC to receive these updates.



Sign Up - ATHOC

Naples Navigator

The Naples Navigator is a monthly digital newspaper containing important base wide information and news. For direct email subscription, send an email to: nsanaplespaof@us.navy.mil



Naples Navigator

NSA Naples Italy App

The NSA Naples app is your one stop shop for essential information and your companion to navigate the Naples area. The app is available for download on Google Play (Android) and IOS (apple)



App

NSA PAO Notes

Non-emergency information sent by the Public Affairs Officer (PAO) directly to your emails via your triad / leaders. If you do not receive NSA PAO Notes, inform your leadership to contact the NSA Naples PAO: nsanaplespaof@us.navy.mil

NSA Naples Website

Installation website where you can find information about NSA Naples by department, read about our mission and leadership, and find all types of resources including legal, instruction, environmental, veterinary, and more.



NSA Naples Website

Monthly Basewide Events Newsletter

Your one-stop-shop for all events happening at the installation. This includes events from MWR, Fleet and Family Center, Red Cross, and more. Access at the top of the latest edition of the Naples Navigator.



Monthly Events Newsletter

Town Hall

Taking place at Support Site, Town Halls are Facilitated once a quarter to address community questions and concerns. The event is always livestreamed on the NSA Naples Facebook Page. See the date for the next event in the latest edition of the Naples Navigator.

AFN: Armed Forces Network

Naples 97.3 FM The Eagle provides local, live radio programming. AFN GO is also available via the AFN GO mobile app.



AFN Naples 97.3

Coffee with the Skipper

Geared towards spouses, Coffee with the Skipper offers a unique opportunity to connect with NSA Naples leadership, share insights, and discuss community matters - all over a fresh cup of coffee in good company. See next event date in the latest edition of the Naples Navigator.

Pizza with the CMC

This is an opportunity for E-1 to E-6 single servicemembers to share thoughts, ask questions and get feedback from leadership; usually with a complementary lunch. Monitor the NSA Naples information channels listing the announcement of these events.

AO / INDOC: Area Orientation

Mandatory orientation for all personnel PCSing to Naples where critical information about Naples, the NSA Naples installation, and more are shared. Get the basics about navigating life in Naples! See the date for the next event in the latest edition of the Naples Navigator.

ICE: Interactive Customer Evaluation

The Interactive Customer Evaluation (ICE) system is a web-based tool that collects feedback on services provided. This is how we get feedback from YOU to make improvements



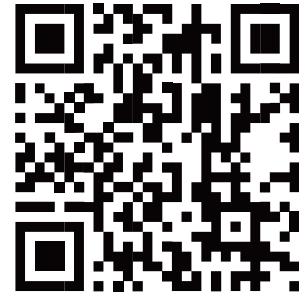
Submit an ICE



Stay Connected to NSA Naples Quality of Life Programs

WEB

This is your one stop for all information about Quality of Life Programs. View upcoming events, hours of operation and learn more about programs and services that help our military community members thrive in the NSA Naples area. The Website includes information for NSA Naples and NSAND Gaeta MWR, Child and Youth Programs, Fleet and Family Support Center and Housing.



www.navywmrnaples.com

SOCIAL MEDIA

Stay connected 24/7 to NSA Naples Quality of Life programs! Learn about the programs, services and events at NSA Naples to take care of our military community members. We want to help you make the most of your time while stationed in Naples.



MWR

facebook.com/mwrnaples



Child and Youth Programs

facebook.com/napleschildandyouthprograms



Liberty

facebook.com/libertynaples



MWR

instagram.com/nsanaplesmwr



Child and Youth Programs

instagram.com/naples_cyp



Liberty

instagram.com/nsanaplesliberty



Fleet and Family Support Center

facebook.com/NaplesFFSC



Naples Housing

facebook.com/NSANaplesHousing



Navy Life Naples

Download Navy Life Naples app

GAETA

The Facebook page includes MWR, Child and Youth Programs, Fleet and Family Support Center, Housing and Liberty information for the NSAND Gaeta community.



facebook.com/mwrgaeta

